

Feeling under a cloud,
lonely or isolated?
Want to meet other
people who
understand?

Come along to
Positive Minds
"Drop-in coffee
morning"

2019!

Where? Dundry Room in
@symes community building
(opposite Morrisons)

Meet other people
and find out what
is going on locally.

Have a go at
some arts, crafts
and colouring-in.



When? Drop-in between
10.30am – 12.30pm on:

16 th Jan	20 th Feb	20 th March
17 th Apr	15 th May	19 th Jun
17 th Jul	21 st Aug	18 th Sept
16 th Oct	20 th Nov	18 th Dec

More info ring: Positive Minds on 0117 964 46 70 or 0788 066 1239



Positive Minds

at Hartcliffe Health & Environment Action Group

The Gatehouse Centre, Hareclive Road, Hartcliffe, Bristol, BS13 9JN

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